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GoWISE Air Fryer Cookbook: 101 Easy Recipes And How To Instructions For Healthy Low Oil Air Frying And Baking (Air Fryer Recipes And How To Instructions)



Synopsis

Get a quick start with your GoWISE USA Air Fryer! This book shows you exactly how to use your GoWISE Electric 4th Generation Air Fryer (and all other GoWISE brand air fryers) to prepare foods the healthy way: with low-oil and low-fat air frying! This book will show you how to use your GoWISE Air Fryer to make healthy potato chips, fried chicken, donuts, even kale chips! No other book contains specific instructions and recipes for your GoWISE. Combined with 101 of the best, most popular recipes, this book is the perfect companion for anyone who owns a GoWISE USA Air Fryer!

LEARN HOW TO:- perfectly cook your air fried food every time- take care of your GoWISE air fryer for long use- pro tips to make your air fried food even healthier and more delicious- store your cooked food properly- make 101 of the most delicious air-fryer dishes youâ€™ve ever tasted!

LEARN HOW TO AVOID:- burning or dehydrating your food- using too much oil- lackluster results

SOME SAMPLE RECIPES:- Bacon Cheese Fries- Onion Rings- Fried Chicken- Potato Chips- Fried Zucchini- Fried Shrimp- Potato Crusted Salmon- Fried Fish Tacos- Chilaquiles- Apple Fritters- Mexican Fried Ice Cream

Do you own a GoWISE Air Fryer, and are you interested in making delicious low-oil and low-fat meals or snack food? Then this book is for you. All of our recipes and how-to information are designed specifically for the GoWISE Air Fryer, and to help you get the most out of this healthy way of eating. Buy today!

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Customer Reviews

Oh I love this cookbook. There are some ingredients that I don't recognize but it's something to just google. I've been looking at air fryer cookbooks and this one has recipes that are definitely interesting: fried tequila shots, Guatemalen orange scented dough, fried artichokes, tuna burgers, country fried steak with mushroom gravy, are examples. It's a fun book. The recipes can be complicated so perhaps this isn't ideal for the novice cook. I just bought this air fryer so this cookbook is certainly a help. The instructions at the beginning of the book on how to use this air fryer are great.

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